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## How to deal with Symptoms of a Disease or Cold in Children in Day Care Centers, Therapeutic Education Day Care Centers and Children's Day Care Institutions

Information for Parents and Legal Guardians

Status: December 2<sup>nd</sup> 2020

### In which case does my child has to stay at home in any case?

Ill children with **acute symptoms of a communicable disease** such as

- Fever
- Cough
- Shortness of breath respectively breathlessness
- Loss of sense of taste or smell
- Sore throat or earache
- (febrile) rhinitis/head cold
- Limb pain
- Severe abdominal pain
- Vomiting and/or diarrhea

are **not allowed** to attend the day care center, therapeutic education day care center or children's day care institution.

Attending the day care center/therapeutic education day care center/children's day care institution **again is only possible** if

- the child shows a good general state of health **and is free of symptoms for at least 48 hours** (except for a mild rhinitis and occasional coughing) and
- the child has been free from fever for **48 hours**

### Is my child allowed to attend the day care center/therapeutic education day care center/children's day care institution with mild, recent and non-progressive symptoms of a cold (rhinitis without fever, occasional coughing)?

First, it is important to say: the **attendance** of the child care facility **is not compulsory**.

- Children in nurseries/kindergarten/children's day care institutions/therapeutic education day care centers up to school age and schoolchildren of elementary schools/elementary levels are permitted to attend the child care facility **with mild, recent and non-progressive symptoms of a cold** (such as rhinitis without fever, occasional coughing).
- Applicable for children **from grade 5 onwards**:
  - Attending the child care facility is not permitted from the day the symptoms have appeared.
  - Attending the child care facility **again is only possible**, if
    - no fever was developed after **at least 48 hours** after the onset of the symptoms and
    - no adults in the domestic environment are suffering from symptoms of a cold and/or if a SARS-CoV-2 infection was excluded for those adults.